

National Latina/o  
Psychological Association  
2010

Latinas: Celebrating the Psychological  
Strength and Resilience of Latina  
Women and Girls



November 11-13, 2010,  
San Antonio, TX



## *On the Cover*

The woman on the cover was named Judith Silva Perez (1930-2007). She was born in Honduras; the illegitimate daughter of a British father and an Austrian-Honduran mother. In the early 1970s she immigrated to Houston, Texas with her husband and 6 children. Her husband returned to Honduras a few years later. As with most immigrants, they struggled but had a better way of life and held on strongly to their Honduran heritage. By the end of her life, she had retired as the principal accountant for an Argentinean oil company in Houston. She had a modest upbringing but was determined to make something of her life. Judith was a strong woman, a "luchadora," and she was greatly loved and admired by many. This painting was done by Stanley Bermudez as a gift to me; his wife. I am an assistant professor of Marriage and Family Therapy at UGA. Stanley Bermudez is also an immigrant from Maracaibo, Venezuela and an artist with twenty-five years of experience in the visual arts. Judith was my mother and my research on Latina parenting was inspired by this tremendous woman. It is a great honor having her on the cover of the NLPA conference program.

~ J. Maria Bermudez, Ph.D.

### ***"Judith Silva Perez"***

*Acrylics on Canvas*

*30" x 24"*

*2008*

***Artist: Stanley Bermudez Moros***

***Website: [www.stanleybermudez.com](http://www.stanleybermudez.com)***

***Email: [stanley\\_bermudez@yahoo.com](mailto:stanley_bermudez@yahoo.com)***

### ***Program created by***

Rachel Navarro and Loreto Prieto

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### ***Conference Coordinator***

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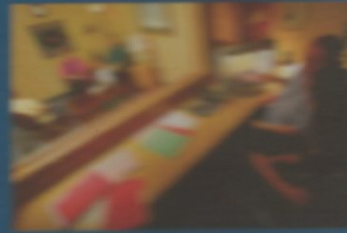
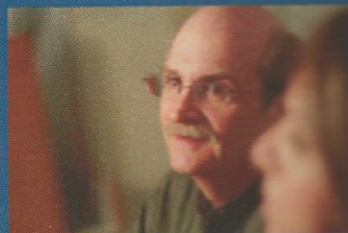
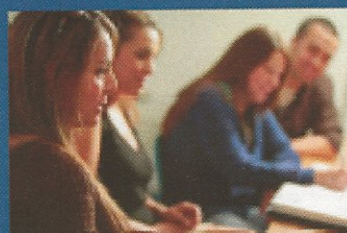
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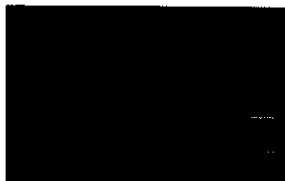
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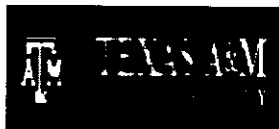
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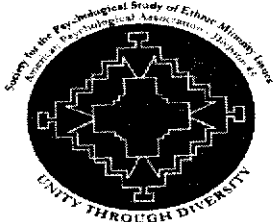
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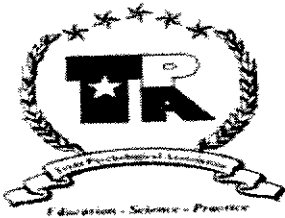
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### **In honor of Sra. Isabel Delgado**

Sra. Isabel came to the United States from Colombia, and although she never went to college, made sure her son was able to get an education. You are the example of psychological strength and resilience of the Latina woman. Your family celebrates you!



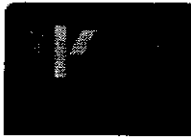
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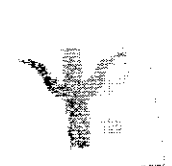
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**Division 17 of APA - Society of Counseling Psychology**  
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**University of Georgia College of Education**  
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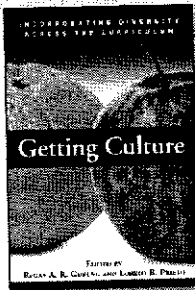
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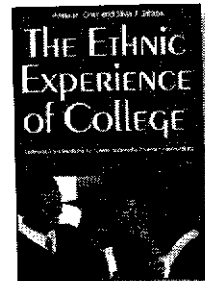
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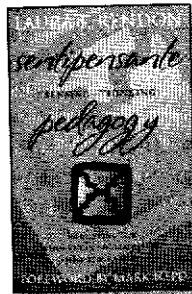
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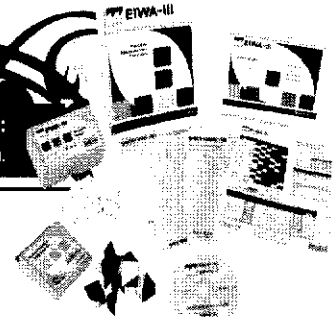
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- Propiedades psicométricas mejoradas basadas en investigaciones recientes y en los cambios en la práctica de la psicometría contemporánea
- Mayor capacidad para evaluar a clientes de bajo funcionamiento al extenderse los límites inferiores de las subpruebas
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Bernadette Solórzano, PsyD: Music Coordinator

Ezequiel Peña, PhD: Poster session / Thursday event

Monte Bobele, PhD: Vendors and Exhibits

*University*

Tessa Martinez Pollack, PhD: President, OLLU

Ms. Sandra Cisneros: Writer-in-Residence,

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***Thanks To Our 2010 Conference Exhibitors!***

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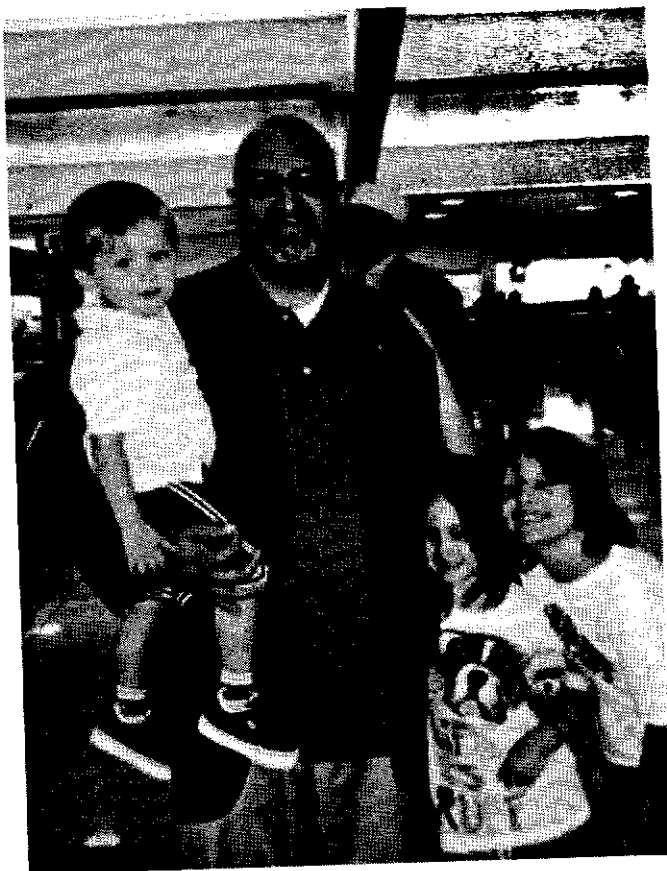
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# President's Welcome



On behalf of the National Latina/o Psychological Association, I welcome you to our 4th biennial conference in San Antonio, TX. NLPA was reformed in 2002 in the tradition of the former National Hispanic Psychological Association. NLPA is one of the five national ethnic minority psychological associations and our conferences are the focal points for our energy and commitment to research, practice, mentoring and service with Latino/a professionals and students.

The theme of this conference is *Latinas: Celebrating the Psychological Strengths and Resilience of Latina Women and Girls*. I will speak more about this theme during my presidential address, but it should be readily apparent the role that Latina NLPA members have had in the organization and across professions. Our keynotes, Melba Vasquez and Patricia Arredondo are trailblazers and continue to make history with their visionary leadership. During this

conference you will find many formal and informal venues for interaction and networking. I encourage you to make sure you get the most out of our time together and bring the energy of NLPA back home with you. Also don't forget to enjoy the Riverwalk and the hospitality of our hotel and host city.

This conference would not be possible without our sponsors and the many volunteers that have worked for two years to make this possible. Please, participate fully and help make this conference a memorable event. I look forward to meeting you during our stay in San Antonio.

Edward A. Delgado-Romero, Ph.D.  
President, 2009-2011

# **2008-2010 NLPA Executive Committee**

**President:** Edward. A. Delgado-Romero

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**Secretary:** Lynda Field

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**NLPA Conference Co-Chairs:** Rachel Navarro & Loreto Prieto

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**Association Manager:** Abrazo Multicultural Marketing

**Awards Chair:** Lisa Flores

**APA Council Representative:** Azara Santiago-Rivera

# Continuing Education Credits

NLPA is pleased to offer attendees the chance to earn **continuing education credits (CEs)** this year at the conference. Sessions that qualify for CE credits will be **identified by the symbol (CE\*)** with the number of available credits listed alongside the symbol.

Please make note of the policy below, held by the **Texas Psychological Association**, concerning the earning of CEs. All attendees are responsible for **being aware of the policies** concerning reciprocity and the earning of CEs held by the state **within which they hold licensure** or other certification. Neither NLPA, Abrazo Marketing, nor any of the **other entities** responsible for sponsoring or presenting this conference accept any **liability whatsoever** for errors or any resultant problems with the earning or final certification of **CE credits by attendees** at this conference.

## Texas Psychological Association Statement of CEs

All continuing education has been reviewed by the **Texas Psychological Association** for relevancy. In the professional opinion of TPA's representative, **all CE listed within this program** qualifies for TSBEP continuing education. **Please note: All continuing education submitted to TSBEP by licensees** (quoting from *Rules and Regulations of TSBEP*) "must be directly related to the practice of psychology. The Board shall make the determination as to whether the activity or publication claimed by the licensee is **directly related to the practice of psychology.**" TSBEP makes all final determinations regarding **qualification of CE** for its licensees. TSBEP does not pre-approve continuing education **credit or providers of continuing education.**

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# Our Keynote Speakers

At this year's conference, we are pleased to have two stellar keynote speakers, Dr. Patricia Arredondo and Dr. Melba Vasquez.



**Patricia Arredondo, Ed.D.** is Associate Vice Chancellor for Academic Affairs, Interim Dean for the School of Continuing Education and Professor of Counseling Psychology in the School of Education at the University of Wisconsin-Milwaukee. Patricia has held leadership positions in many national and local professional organizations. She served as President of the American Counseling Association, American Psychological Association Division 45 Society for the Psychological Study of Ethnic Minority Issues, National Latina/o Psychological Association, Association of Multicultural Counseling and Development, and the Latino Professional Network of Boston. Patricia has received numerous awards. She holds Fellow status with Divisions 17 and 45 of the American Psychological Association and is a recipient of an

honorary degree from the University of San Diego. She was named a "Living Legend" by the American Counseling Association for her extensive contributions to the realm of multicultural counseling. In 2009, she received the Lifetime Achievement Award from APA Division 45. She is a licensed psychologist and bilingual in English/Spanish.



**Melba Vasquez, Ph.D.** is a psychologist in full-time independent practice in Austin, Texas, and is the President-Elect of the American Psychological Association. She is the co-author, with Ken Pope, of *Ethics in Psychotherapy & Counseling: A Practical Guide* (1998) and of *How to survive and thrive as a therapist: Information, ideas and resources for psychologists in practice* (2005). She is a former president of the Texas Psychological Association, APA Divisions 35 (Society of Psychology of Women) and 17 (Society of Counseling Psychology). She is a Fellow of the APA and holds the Diplomate of the American Board of Professional Psychology (ABPP). She has received numerous awards, including: the 2004 James M. Jones Lifetime Achievement Award, American Psychological Association; the

2003 Psychologist of the Year, Texas Psychological Association; the 2002 Senior Career Award for Distinguished Contributions to Psychology in the Public Interest, American Psychological Association; and the 2000 Distinguished Leader for Women in Psychology Award, Committee of Women in Psychology. American Psychological Association.

# Pioneras in Latino/a Psychology

At this year's conference, we honor two pioneers in Latino/a psychology, Dr. Lillian Comas-Díaz and Dr. Nadya Fouad.



**Lillian Comas-Díaz, Ph.D.** is the Executive Director of the Transcultural Mental Health Institute, a Clinical Professor at the George Washington University Department of Psychiatry and Behavioral Sciences, and a private practitioner in Washington, D.C. The former director of the American Psychological Association's Office of Ethnic Minority Affairs, Dr. Comas-Díaz was also the director of the Yale University Department of Psychiatry Hispanic Clinic. She is the senior editor of two textbooks, *Clinical Guidelines in Cross Cultural Mental Health*, and *Women of Color: Integrating Ethnic and Gender Identities in Psychotherapy*. Additionally, she is the

Founding Editor in Chief of the American Psychological Association Division 45 official journal, *Cultural Diversity and Ethnic Minority Psychology*. She is a member of numerous editorial boards, and currently serves as an Associate Editor of the *American Psychologist*.



**Nadya Fouad, Ph.D.** is a Distinguished Professor and Chairperson of the Department of Educational Psychology, University of Wisconsin @ Milwaukee. Her research is in the areas of vocational assessment, vocational interests, and career development. She is interested in how culture and gender affect career development. Fouad is past president of The Society of Counseling Psychology (17) of the American Psychological Association, past chair of Council of Counseling Psychology Training Programs, and past chair of the Board of Educational Affairs of the American Psychological Association. She

is editor of the *Counseling Psychologist*. Fouad earned her Ph.D. in counseling psychology at the University of Minnesota.

## OLLU Poster Session

Thursday, November 11, 2010

*Establishing a Cross-Cultural Forensic Training Center at the Northwest Immigrant Rights Project*

Claudette S. Antuña & Daysi Lorena Brown  
Argosy University, Seattle

*Multicultural Considerations for Coming-Out: A Solution-Focused Approach.*

Laurel H. Bluntzer & Amy Damon  
Our Lady of the Lake University

*Psychology Degree Programs at Hispanic Serving Institutions*

Alicia Brown & Edward Delgado-Romero  
University of Georgia

*Relationship between Depressive Symptoms and Metabolic Syndrome Factors among Latino Men and Women*

Cristalís Capielo, Elias Querales-Mago, Felix Hernandez, Miriam Gutt, Judith R. McCalla, Ronald Goldberg, Marc Gellman, & Neil Schneiderman  
University of Miami

*The Experience of Undocumented Immigrant Female Youth in a United States Shelter*

Alanna M. Carrasco  
Our Lady of the Lake University

*Latina Power and Resilience: The Case of a Latina Grandmother and her Granddaughters*

Martha M. Chichil & Celina Gonzalez  
Our Lady of the Lake University

*Latinas and Marital Naming Practices*

Ashley N. Cooper  
Our Lady of the Lake University

*Transition into College Among Latina/o Students: Effects of Participating in a Cultural Outreach Program*

Alexandria G. Delgado & Jutta Heckhausen  
University of Wisconsin-Madison

*Storying Teen Pregnancy: Se comió la torta antes del recreo*

Daniela Dominguez & Gabriela Nuñez  
Our Lady of the Lake University

*Anxiety, Stress, and Culture-Bound Syndromes: The Roles of Gender and Culture*

Kelly Duron & Sharon R. Jenkins  
University of North Texas

*Latina Youth Gang Involvement: A Social Justice Perspective*

Ainara Echanove & Adrian Sanchez

Pacific University

*The Home Literacy Environment: What We Know*

Ivonne Estrella, Cindy Adame, & Jorge E. Gonzalez

Texas A&M University, College Station

*La Familia Latina es Primero: Exploring the Influence of Racial Identity on Latino Familistic Attitudes*

Michelle P. Flores & Eric L. Kohatsu

University of Illinois, Urbana-Champaign & California State University, Los Angeles

*Dominican Perceptions of the US Healthcare System*

Selina Guerra & Christine Tisone

Texas A&M University, College Station

*Creating a Field Practicum Placement in the Dominican Republic*

Selina Guerra

Texas A&M University, College Station

*Psychosocial Determinants of Metabolic Syndrome: A Cross-Cultural Study of Mexican and Mexican American Diabetics*

Julio Guerrero, Ranjita Misra, & Steve Riechman

Texas A&M University, College Station

*Latino Parenting Styles*

Kimberly G. Litwinowich

Our Lady of the Lake University

*Cross-Cultural Conversation Project: Reflecting on Migration, Language, and Social Change in Two Bilingual (English-Spanish) Therapist Workshops*

Sylvia London

Grupo Campos Elíseos, Mexico & Houston Galveston Institute

*ALAS: A Pilot After School Program for Spanish Speaking Latino Students*

Ellen Hawley McWhirter, Benedict T. McWhirter, Cynthia Medina, Karina Ramos, Kate Margolis, Lindsey Brown, & Adalberto Montes

University of Oregon

*A Retrospective Evaluation of a Culturally Sensitive Prevention Program for Latino Youth*

Carla S. Moore, Edward Delgado-Romero, Pierluigi Mancini, & Michelle Zelaya

University of Georgia

**NLPA 2010 Conference Program Schedule**  
**9.20.2010 (Revised)**

**Preconference**

**Thursday, November 11, 2010**

9:00 – 12:00

- a. AM 1: Ethics - *Ethics and Cultural Responsiveness: Latina/o Specific Considerations and Guidelines*
  - i. Miguel Gallardo & Melba Vasquez
  
- b. AM 2: Psychopharmacology - *Psychopharmacology with Latino Patients: Depression, Co-morbidities, and Access To Treatment in Hispanic Populations*
  - i. Pedro Delgado

Lunch on your own

1:00 – 4:00

- c. PM 1: Treatment - *Therapy with Latino clients & families: Considering identity and the complexity of diversity*
  - i. Milton A. Fuentes & Héctor Y. Adamés
  
- d. PM 2: Assessment - *The Clinical Utility of the ACS and TFLS: New Measures of Executive Functioning, Premorbid Functioning, Effort, Daily/ Functional Living Skills, and Social Cognition*
  - i. Alex Quiros
  
- e. **PM- Student Programming (Student and Research)**

6:00 – on

**OLL reception and Poster Session\*\* (separate list of titles, authors, and rooms will be provided)**

**Conference**

SYM: Symposium  
 SYM-ST: Symposium-Student Track  
 SYM-S/ECPT: Symposium-Student & ECP Track  
 PR: Paper  
 RT: Roundtable  
 RT-ST: Roundtable-Student Track  
 RT-ECPT: Roundtable-Early Career Psychologist Track  
 RT-S/ECPT: Roundtable-Student/Early Career Psychologist Track  
 \* = CEU sessions

**Friday, November 12, 2010**

7:45-9:00                    **Opening Ceremonies with Continental Breakfast (Navarro A)**

8:00-8:15                Opening Remarks by NLPA President,  
 Edward Delgado-Romero  
*Latinas: Celebrating the psychological strength and resilience of  
 Latina women and girls*

8:15-9:00                Keynote Speaker:  
 Melba J. T. Vasquez  
*The first...of many: Promoting leadership among  
 Latinos/Latinas\**

FRIDAY 9:15-10:30                    **Breakout Sessions #1**

Room	Type	Title	Presenters
Lantana	SYM-ST	Doctoral Psychology Internships: Preparing, Applying, and Interviewing	Roseanne Illes, Dean Coffey & Lynda D. Field
Encino	SYM*	Latina Motherhood: Young Professionals' Reflections from the Borderlands 1. Making Difficult Choices but Seeing the Possibilities 2. Untenured and Still Changing Diapers: A New Mother's Perspective 3. The Borderlands in Practice	Chair: Lisa M. Edwards  1. Carrie Castaneda-Sound 2. Lisa M. Edwards 3. Geneva Reynaga-Abiko  Discussant: Melanie Domenech- Rodriguez
Sabino	SYM*	Wellness in the Latino/a Community: Response to Crisis 1. Theoretical Foundations of Community Wellness Programming 2. The Santa Barbara Wellness Initiative 3. Preliminary Evaluative Efforts and Future Directions of the Santa Barbara Wellness Initiative	Chair: Melissa Morgan  1. Melissa Morgan, J. Manuel Casas 2. Gustavo Prado 3. Ana "Pati" Cabrera
Madero	SYM*	Strengths Based Brief Therapy for Latinas	Chair: Monte Bobele Arnold Silve, Monte Bobele, Teresa

			Corriea, & Kyle Green
Carranza	SYM*	Training counseling graduate students to develop Bilingual/Bicultural competencies 1. Reflections on a Decade Long Experiment: ¡ENLACES ! Building bridges to Spanish-Speaking Clients 2. Psychological Services for Spanish Speaking Populations at Our Lady of the Lake University 3. A scientist-practitioner model applied to a multicultural training program for multilingual therapists in a global society: The trainer and trainee perspectives The University of Miami's Culturally Competent Latino Mental Health Program	Chairs: Dianna M. González & Rachel L. Navarro  1. María Ávila  2. Ezequiel Pena  3. Carlos I. Pérez Benítez, Miguel E. Brown Arenas, & Marie Guerda Nicolas
Navarro B	RT	Teaching Latino Psychology: A syllabus and innovative pedagogies exchange 3.0	Héctor Y. Adamés Milton A. Fuentes Elisa Velásquez-Andrade
Navarro B	RT	Latina Sensitive Counseling Competencies and Interventions	G. Miguel Arciniega Adelaida Santana Pellicier Maritza Gallardo-Cooper Elizabeth Poloskov
Navarro B	RT	Latino/a Behavioral Health Workforce: A National Crisis in the Making	Eduardo Morales & Henry Acosta

BREAK – 10:30 -10:45

FRIDAY 10:45-12:00 **Breakout Sessions #2**

Room	Type *	Title	Presenters
Lantana	PR	1. Cultural adaptation of an evidence-based trauma focused treatment for Latinos/as  2. Helping all Latinas Achieve: A Qualitative Study Of Latina Girls with Disabilities Transitioning from High School to Adulthood 3. Latinas in Ohio Facing Challenges and Taking Action: A Community Based Program	1. Tatiana Margarita Davidson, Michael A. de Arellano, Alyssa A. Rheingold, Carla Kmett Danielson, & Lauren Silcott 2. Eleanor Gil-Kashiwabara  3. Erendira Lopez-Garcia & Héctor Y. Adamés
Encino	SYM-ST	Funding: The Challenges and Triumphs for Latina/o Students Seeking Higher Education	Regina Armas, Michelle Cruz-Santiago & Johanna Malaret
Sabino	PR	1. Latinas/os Perceptions of Diversity Climate at a Predominantly White Institution in Rural Ohio 2. Factors Associated with the Academic Achievement of Latina/o College Students: A Strengths-Based	Saúl Rivera & Angela D. Ledgerwood  2. Laura G. Lara & Teresa M. McDevitt

		Approach 3. Latinas' sorority membership: Effect on self-esteem and ethnic identity	3. Ana Marie Salazar
Madero	SYM*	Latina Undergraduate Coping and Wellbeing: A psychosocial framework	Chair: Jeanett Castellanos Bianca Barrios, Ashley Delgado & Jessica Kayat Discussant: Alberta M. Gloria
Carranza	PR	1. The Theme of Suicidality and Survival in Latina Literature 2. Life is Precious: A Latina Adolescent Suicide Prevention Program 3. Attributional Style, Family Functioning, and Depression in a Sample of Low-Income Latina Women	1. María Antonia Rodríguez & Antonia García-Rodríguez 2. Rosa M. Gil  3. Monica Sanchez, Oswaldo Moreno, Ingrid Sarmiento, Tatiana Davidson, Rachel Isikawa & Esteban Cardemil
Navarro B	RT	Countertransference: Latinas counseling Elder Latinas: <i>¡Que jovencita!</i>	Cynthia E. Guzmán, Andrea Ruiz, Dianna M. González, Patricia Arredondo, Maritza Gallardo-Cooper & Azara Santiago-Rivera
Navarro B	RT	Cross-Cultural Explorations of Gender Roles: The Case of Latinas	Marie L. Miville, Lucinda Bratini & Marilyn Ampuero
Navarro B	RT	<i>La Malinche, La Llorona, and La Virgen de Guadalupe</i> : A Discussion on Mexican-American Female Archetypes in Film and the Telenovela	Laura K. Palmer, Jonathan W. Dator & Larissa A. Maley

12:15-1:15

**Lunch** (Navarro A)

FRIDAY 1:30-2:45

**Breakout Sessions #3**

Room	Type	Title	Presenters
Lantana	PR	1. The Power of Two: Mothers and Daughters in <i>El Caribe</i> 2. Transnational Motherhood: The impact of immigration related mother-child separation on Latina mothers 3. The Importance of Family for Latina Undergraduates: Impacts of Experiences of Intragroup Marginalization on College Adjustment	1. Antonia García-Rodríguez & Maria Antonia Rodriguez 2. Sheila V. Graham, Dianna M. González, Rebecca Rangel, & Brenda Mejía 3. Jasmin Llamas & Melissa Morgan
Encino	PR	1. Factors Affecting the Job Satisfaction of Latino/a Immigrants in the Midwest 2. A Qualitative Inquiry of Latino Immigrants' Work Experiences in the Midwest  3. Coping Strategies among Latino Migrant Workers	1. Lisa Y. Flores & Corinne Valdivia  2. Lisa Y. Flores, Monique M. Mendoza, Lizette Ojeda, Yuhong He, Rocio Rosales, Veronica Medina, Julie Wagner & Shiloh Jordan  3. Rebecca Rodríguez & R. Lillianne Macías
Sabino	SYM-ST	Allanando El Camino: Mentoring Latina/o Students in Higher Education	Alberta M. Gloria, Jeanett Castellanos & Marla Delgado
Madero	SYM*	Predictors of Mexican American College Women's Mental Health 1. Career Decision Self-Efficacy and	Chair: Lizette Ojeda  1. Natalia Jimenez, Lizette Ojeda &



		<p>Educational Barriers as Predictors of Mexican American Women's Life Satisfaction</p> <p>2. Gender Roles and Cultural Predictors of Mexican American Women's Life Satisfaction</p> <p>3. Marianismo, Parental Conflict, and Independent Self-Constraint as Predictors of Mexican American Women's Distress</p>	<p>Brandy Pina-Watson</p> <p>2. Lizette Ojeda, Noshaba Khn &amp; Brandy Pina-Watson</p> <p>3. Brandy Pina-Watson, Linda Castillo, Lizette Ojeda, &amp; Kimberly M. Rodriguez</p> <p>Discussant: Lisa M. Edwards</p>
Carranza	SYM*	<p>Developing Spanish Language Competencies among Clinical psychologists: Emerging Strategies and programs</p> <p>1. CHiSPA: Development of a Training Seminar for Increasing the Competence of Spanish Speaking Psychology Trainees</p> <p>2. The Latino Mental Health Concentration at the Chicago School of Psychology</p> <p>3. Building Bilingual Linguistic Capacity Among Clinical Psychology Students</p>	<p>Chair: Mery Taylor</p> <p>1. Mery Taylor, Nadia Torres-Eaton, &amp; Heather Huszti</p> <p>2. Hector Torres</p> <p>3. Eduardo Morales</p>
Navarro B	RT	Where's The Queer Escalera?: The Impact of Invisibility for LGBT Latinos in Psychology and Academia	Johanna Malaret & Ron E. Durán
Navarro B	RT	Latina College Students: Meeting their needs	Valerie Minchala
Navarro B	RT	"She grew up in the Ghetto..." Classism and the Latina psychologist	Lynda D. Field Shannon Chavez-Korell Enedelia Saucedo

BREAK

FRIDAY 3:00-4:15

**Breakout Sessions #4**

Room	Type *	Title	Presenters
Lantana	SYM-ST	Getting into Graduate School: The Master's and Doctorate	Melanie Domenech-Rodríguez, Azara Santiago-Rivera & Ernestor Lira
Encino	SYM	<p>El Bienestar de Mujeres Mexicanas en la Universidad: Cultural and Academic Predictors of Mexican American College Women's Well Being</p> <p>1. Social Cognitive Predictors of Mexican American Women's Life Satisfaction</p> <p>2. Culture and College Persistence as Predictors of Mexican American Women's Life Satisfaction</p> <p>3. Culture and University Environment: Predictors of Mexican American Women's College Persistence and</p>	<p>Chair: Lizette Ojeda</p> <p>1. Lizette Ojeda, Lisa Y. Flores, &amp; Rachel L. Navarro</p> <p>2. Rocío Rosales Meza &amp; Lizette Ojeda</p> <p>3. Linda Castillo, Lizette Ojeda, &amp; Rocío Rosales Meza</p>

		Well-Being	
Sabino	SYM*	Mentoring in Latina professional development: Lessons learned in the journey 1. “Mentor-ing” Latinas in Professional Training: <i>Aprendiendo a Ayudarnos y Crecer</i> 2. Mentoring Latina Students in a Master’s Counseling Psychology Program 3. The Mentor/Mentee Relationship for Latina Doctoral Students	Chair: Melissa L. Morgan  1. Andres J. Consolí, Alejandra Gamez-Villanueva & Rosa Serpas  2. Lucila Ramos-Sánchez & Carolina Cervantes  3. Melissa L. Morgan, Ana Cabrera, Jasmin Llamas & Nelly González
Madero	PR	1. Multiple Identities: The Intersection of Womanist and Ethnicity in Latinas 2. “It [discrimination] happens in a lot of places” 3. The Role of Social Capital and Mediating Factors in Hispanic Student College Retention	1. Erin Schwartz & Edward Delgado-Romero  2. Nallely Galvan, Lydia P. Buki & Helen Neville 3. Alexandra Shiu & Elizabeth D. Palacios
Carranza	SYM*	Counseling bisexual Latinos: a minority within a minority negotiating multiple identities	Chair: Angelo Gómez 1. Angelo Gómez
Navarro B	RT	Spirituality, <i>Mi compañía</i> : Healing for <i>Justicia</i> in our Community	Laura Ortiz-Guillen, Laurene Domínguez & Belinda Hernández-Arriaga
Navarro B	RT	Why are there so few of us? A roundtable discussion on Latina Leadership	Silvia L. Mazzula & Alexander Edward Quiros
Navarro B	RT	The Latina Immigrant Experience: Clinical Implications for Therapists in Training	Rebecca Rangel & David P. Rivera
Navarro A	RT-ST	<i>Por Las Buenas or Las Malas</i> : Latinas share the good and the difficult experiences in pursuing an education and beyond	Melba J.T. Vásquez & Ivelisse Torres Elvia Lorena Navarro
Navarro A	RT	Graduate Students of Color Teaching Multicultural courses	Richard Martínez, Dianna M. González & Brady Garrett
Navarro A	RT	Made in L.A.: A Film & Roundtable Discussion Examining the Clinical, Pedagogical and Social Justice Implications	Elisa Velásquez-Andrade, Héctor Y. Adames & Milton A. Fuentes

FRIDAY 4:30-5:45

**Breakout Session #5**

Room	Type *	Title	Presenters
Lantana	SYM-ST	The Dissertation Process from Start to Finish!	Shannon Chavez-Korell, Marie L. Miville & Roseanne Illes
Encino	SYM*	Adapting a multi-family trauma group treatment, Strengthening Family Coping Resources for use with Latino families	Chair: Rebecca M. Pasillas 1. Laurel J. Kiser, Judy Gentry, Rebecca M. Pasillas, Blanca Nellie Hernández & Elida M. Bautista
Sabino	SYM*	Stress and Coping Among Latinas	Chair: Lucas Torres

		<p>Living in the United States: Perspectives Across the Lifespan</p> <ol style="list-style-type: none"> <li>1. Beyond Expectations: The Cultural Context of Stress and Coping among Latina Adolescents</li> <li>2. Contextual predictors of resilience against discrimination in Southwest Latinas: The role of student status</li> <li>3. Risk and Protective Factors of Depressive Symptomatology Among Latinas</li> </ol>	<ol style="list-style-type: none"> <li>1. Lisa M. Edwards</li> <li>2. Mark Driscoll &amp; Lucas Torres</li> <li>3. Kelly M. Moore &amp; Lucas Torres</li> </ol>
Madero	SYM*	<p>Issues in Mentoring Latina Doctoral Students</p> <ol style="list-style-type: none"> <li>1. Finding the Right Fit: Addressing the Needs of Non-traditional Students</li> <li>2. The Co-construction of Pivotal Moments for Academic Success</li> <li>3. Discovering Strengths through the Exploration of Intersecting Identities</li> </ol>	<p>Chair: Gabriela Chavira</p> <ol style="list-style-type: none"> <li>1. Marta González</li> <li>2. Adriana Aldana</li> <li>3. Kristina Lopez</li> </ol>
Carranza	PR	<ol style="list-style-type: none"> <li>1. Stress and Coping Among Latina Professionals</li> <li>2. Chicana/o students' experiences in a Chicana/o counseling course</li> <li>3. Participant response and satisfaction to a culturally-appropriate depression prevention program for Latina mothers</li> </ol>	<ol style="list-style-type: none"> <li>1. Leticia Arellano-Morales</li> <li>2. Manuel X. Zamarripa</li> <li>3. Tatiana Margarita Davidson, Saeromi Kim, Ingrid A. Sarmiento, Rachel Zack Ishikawa, Monica Sanchez, Sandra Torres &amp; Esteban V. Cardemil</li> </ol>
Navarro B	RT	Strength Based Group Approach with Spanish Speaking Latinas Survivors of Sexual Abuse	Liliana Pizana, María del Carmen Vásquez-Sierra, Melva Torne-Boyd & Karissa Gilmore
Navarro B	RT	Professional Identity and Language Experiences of Psychologists and psychologists-in-Training	Dianna M. González, Laura Côté, Rachel L. Navarro & Ivelisse Torres
Navarro B	RT	Preparing mental health professionals to work with Latinos: Promising training models	Milton A. Fuentes, Héctor Y. Adamés, Amaro Laria, Eduardo Morales, Ezequiel Pena, Virginia Quinonez, Lucila Ramos Sánchez & Héctor Torres
Navarro A	RT-ST	Microaggressions in Higher Education	Aracely Arellano, Anabel Bejarano, & Nancy Arzate
Navarro A	RT	Mentoring and developing the Latina/o clinician through a bilingual consultation team	Thomas Baez & Enedelia Saucedo
Navarro A	RT	Developing academic family through research teams: Educational <i>comadres and madrinas</i>	Alberta M. Gloria ANDALE Research Team Jeanett Castellanos

5:30 – 8:30

**Student Movie, Discussion, and Pizza Night**

6:00 – on

**Dinner and Entertainment on your own**

**Saturday, November 13<sup>th</sup>, 2010**

7:45-9:00

**Opening Remarks and Keynote with Continental Breakfast**

8:00-8:15 Opening Remarks by NLPA President Elect,  
Dr. Milton A. Fuentes

8:15-9:00 Keynote Speaker:  
Patricia Arredondo  
*Latinas as transformative leaders*

SATURDAY 9:15- 10:30

**Breakout Sessions #6**

Room	Type *	Title	Presenters
Lantana	PR	1. The relationship between marianismo and other cultural values among Mexican immigrant women. 2. Behavioral Observations of Immigrant Latina/o family interactions: how Latino Cultural Values Shape Parenting Practices and Parenting Stress 3. Developing Emotional Muscle in Latina Mothers	1. Roberto López Tamayo, Ana Sierraé & Nayeli Chávez Dueñas  2. Melissa Donovanick & Melanie Domenech Rodríguez  3. Cynthia Diaz de Leon
Encino	SYM*	The negative effect of discrimination on the health of Latinos	Chair: Andrea Romero 1. Scott Carvajal & Cecilia Rosales 2. Lisa Lapeyrouse & Gilbert Gee 3. Andrea Romero
Sabino	SYM*	The stressors and adaptations of daily living found among undocumented Mexicanas/Latinas in the U.S. today: Implications for engagement in mental health treatment 1. Intimate Partner Violence and Depression among Mexican Immigrant Women 2. Factors of stress and adaptation found among undocumented Mexicanas currently living in the United States 3. ?????	Chair: Yvette G. Flores  1. Yvette G. Flores  2. Regina Armas  3. Carlos Canales
Madero	SYM*	The cycle of gender role socialization for Latino/as	Chair: Nayeli Chavez Nayeli Chavez, Hector Torres & Stephanie N. Evans
Carranza	SYM-S/ECPT	How to Successfully Navigate the Publication Process	Lisa Flores, Nadya Fouad & Edward Delgado- Romero
Navarro B	RT-ST	Completing Your Undergraduate Degree: Navigation to Graduation	Elladean Moreno, Michelle Parisot, Muneebah Abdullah & Ernestor Lira
Navarro B	RT	Latinas in Supervision: The impact of language and liberation processes	Edil Torres-Rivera Maritza Gallardo-Cooper
Navarro B	RT	Cultural Adaptations for Latinos: Why, What, How, and for Whom?	Esteban Cardemil, Melanie Domenech-Rodríguez, Guillermo Bernal

10:45-12:00

**Breakout Sessions #7**

Room	Type *	Title	Presenters
Lantana	SYM	Latinas Supervising Latinas: <i>No hay rosas sin espinas</i>	Chair: Shannon Chavez-Korell Lynda D. Field, Shannon Chavez-Korell & Melanie M. Domenech Rodriguez
Encino	SYM*	Risk and Protective Factors for Latina Adolescent Mothers and their Young Children	Chair: Josefina Grau 1. Patricia Castellanos, Karalyn Swope, Erin N. Weller, Petra Duran & Josefina Grau 2. Erin Weller, Quiera Lige, Petra Duran, Patricia Castellanos & Josefina Grau 3. Petra Duran, Shannon Kauffman, Patricia Castellanos, Erin N. Weller & Josefina Grau
Sabino	SYM*	Psychosocial and Cultural Factors in Predicting Health, Well-Being, and College Adjustment Among Latin@ Students	Chair: Roseanne Illes 1. Roseanne Illes 2. Gregory Benson-Florez 3. William Reyes
Madero	SYM*	Marianismo: Theory, Measurement, and Clinical Application 1. Construction and Validation of the Marianismo Beliefs Scale 2. A contemporary perspective on marianismo: Validation of the Guzman Marianismo Inventory 3. Clinical Considerations and Applications of Marianismo	Chair: Linda G. Castillo  1. Linda G. Castillo 2. Cynthia E. Guzmán & Rachel L. Navarro 3. Araceli López-Arenas & Emilia O'Neill
Carranza	PR	1. Promoting Resilience in Latina Breast Cancer Survivors with Lymphedema: The Role of Knowledge and Coping Strategies 2. ¿Qué Viene Después?: Latina Women Diagnosed with Breast Cancer Twice 3. Brave New World: Mental Health Experiences of Puerto Ricans, Immigrant Latinos and Brazilians in Massachusetts	1. Lydia P. Buki, Zully Rivera-Ramos, Marlen Kanagui, Puncky Heppner & Lizette Ojeda 2. Lydia P. Buki & Zully Rivera-Ramos 3. Monica Sanchez, Esteban Cardemil, Sara Trillo Adams, Diane Gould, Ismael Rivera, Nancy Esparza, & Joanne Calista
Navarro B	RT-ECPT	<i>Si, Se Puede!</i> Empowering Latina/o Early Career Psychologists to Achieve Self-Care and Wellness	Michelle Silva, Veronica Bordes, Tiffany Schiffner, Yolanda E. Gamboa, Carrie Castenda-Sound, Denise E. Francis Montano & Laura Ortiz Guillen
Navarro B	RT	<i>Se pone nerviosa</i> -Maternal <i>Ataques de Nervios</i> Across Two Different Sites	Irene López & Marina Prado-Steinman
Navarro B	RT	Section for Bilingual Issues in NLP	Dianna M. González, Elvia L. Navarro & Ivelisse Torres

SATURDAY 12:15-1:30

**Lunch & Latina Pioneers/Las Pioneras Panel** (Navarro A)  
Pioneras: Lillian Comas-Diaz & Azara Santiago-Rivera  
Moderator: Azara Santiago-Rivera

SATURDAY 1:45 – 3:00

**Breakout Sessions #8**

Room	Type *	Title	Presenters
Lantana	SYM-ST	Experiences of Undocumented Students	Martha Citlaly Gonzalez, Elvia L. Navarro & Karina Ramos
Encino	SYM*	The earthquake in Chile: Lessons learned on how to work with natural disaster victims	Chair: Angelo Gómez Carlos Zalaquett
Sabino	SYM*	The Incredible Years Parent Training Program: Expansion, Revision, and Results Bringing Evidence-Based Practices to Latino Families 1. Creating Faculty Champions and Sustainable Expansion of Evidence-Based Practices for Latino Families 2. Results of the Incredible Years Parent Training Program with Latino Populations 3. Revisions Enhancing the Cultural Utility of the Incredible Years Parent Training Model with Latino Families	Chair: Dean M. Coffey  1. Bradley O. Hudson  2. Emily Haranin  3. Dean M. Coffey
Madero	SYM*	Training and Supervision for Bilingual Therapists: Ethical Issues	Chair: Laura L. Luna 1. Andres Consoli 2. Azara Santiago-Rivera 3. Ellen L. Vaughan Discussant: Edward A. Delgado-Romero
Carranza	PR	1. Latino Men and Depression: An Exploratory Study of Help-Seeking Behavior 2. A Group Model for Counseling Immigrant Adolescent Males 3. College and not Jail: An Exploration of Academic Success among Latino Immigrant Males from Impoverished Neighborhoods	1. Esteban Cardemil  2. Andres Tapia  3. Michelle Cruz-Santiago
Navarro B	RT-S/ECPT	Latino Mental Health: Practitioners Sharing with Student and Early Career Professionals	Milton A. Fuentes, María Romero-Ramírez & Jonathan Dator
Navarro B	RT	Biopsychosocial Evaluations for Extreme Psychological Hardship for 1601s	Bernadette H. Solorzano, Shwane Ortiz & Brenda Verastigi
Navarro B	RT	Culturally Sensitive Treatments for the Latina Sexual Trauma Survivor: The weaving of liberation theology and indigenous healing practices.	Rebecca Marie Arevalo

SATURDAY 3:15-4:45

**Breakout Session #9**

Room	Type *	Title	Presenters
Lantana	PR	1. Perceptions of Interethnic Dating Among College Students 2. Qualitative Analysis of Latina Adolescents' Beliefs and Expectations about Romantic Relationships 3. Teenage pregnancy among Latinas: ethnic identity development and motherhood	1. Elisaida Méndez & Melanie Domenech-Rodríguez 2. Marsha Tafoya, Rene Galliher & Anne Cordero 3. Diana P Ortiz
Encino	SYM	Behavioral Activation: A treatment Approach for Latinas with Depression	Azara L Santiago-Rivera, Jonathan Kanter, Gregory Benson & Gabriela Dieguez
Sabino	SYM*	Resilience and Strength of Immigrant Latinas within the context of domestic violence 1. Immigrant Latina Women in the United States: Ecological Considerations for Domestic Violence Intervention 2. The Experience of Latinas Who Stay in Relationships with Histories of Violence: Implications for Culturally Relevant Interventions 3. Setting the Stage for Resilient Latinas to End Intergenerational Violence	Chair: Julia Perilla  1. R. Lillianne Macías  2. Josephine Vásquez Serrata  3. Alvina Rosales
Madero	SYM*	Created by, staffed by, and serving Latinas and their children: Lessons Learned at Los Niños Services 1. Professional Development of Latina Professionals – La Esperanza y La Realidad 2. Leadership Development of Latinas – <i>Un Cuento Personal de la Lucha Liderazgo y Exito</i> 3. The Dream of Creating a Model Latina/o Organization Helping Children and Families	Chair: Scott Mesh  1. Damaris N. Santiago  2. Edita Diaz  3. Scott Mesh
Carranza	SYM*	The role of race and skin color in Latinas self-concept	Chair: Silvia L. Mazzula Eugenia Wilkins & Melissa Grant
Navarro B	RT-S/ECPT	Looking Beyond Graduation: Different Career Paths of Psychologists	Héctor Y. Adamés & Rachel L. Navarro
Navarro B	RT	<i>¿Me entiendes?</i> Bilingual Training issues for psychotherapists.	Elvia L. Navarro , Dianna M. González , Susana Martínez, Bernadette Solorzano & Daniel Domínguez
Navarro B	RT	Immigrant Children Affirmative Network: Promoting the Well-Being of Unaccompanied Immigrant Youth	Virginia Alfonso Rachel Becker

5:00-6:00

**BREAK**

6:00-6:50

**Saturday Evening Poster Session & Social\*\* (separate list of titles, authors, and rooms will be provided)**

7:00-11:00

**Dinner, Awards Reception, and Dance (Navarro)**